



# अंतर्चेतना

## Antarchetana - The awakening

A newsletter of Anandalaya, Aug-Oct, 2020 : Issue - 13



Dr. Verghese Kurien



### The Tough Beat the Unforeseen & Unexpected

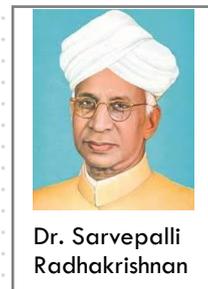
The title of the famous book by Robert H. Schuller 'Tough Times Don't Last, but Tough People Surely Do' befittingly describes the Anandalaya spirit of aiming higher in each of its endeavours right from inception. This spirit of taking on challenges head-on was yet again well-displayed during the Teachers' Day celebration held this year. Despite of the difficulties posed by the pandemic, our teachers and fellow classmates showed great enthusiasm to make the event a grand success.

The eagerly awaited event of the year organized by the students of class XII had to be unparalleled. We missed donning the dream role of stepping into the shoes of our dear teachers (something we had dreamt of since the day we stepped into the abode of happiness as tiny tots) to impart the customary teaching to the juniors and to partake in the fun of dressing up like our teachers. Still we found ample opportunity to show our love and respect for our dear teachers.

This tribute to the divine beings and their invisible driving force that ceaselessly guide us to put forth the best foot, was the most memorable experience, well-appreciated by one and all. The constant guidance and encouragement, from our beloved Principal, Vice Principal and the class teachers, motivated us to showcase our best performances, albeit virtually. What all students of our batch will cherish the most is, participating in one of the most incredible events in the annals of Anandalaya.

An online celebration of this auspicious day with seamless coordination has set a new benchmark, as technology brought us together despite distance separating us.

Our teachers' optimism in finding ways to deal with the challenge thrown by the pandemic once again taught us to believe in ourselves. We have seen, and believed that teaching is the greatest form of service to mankind and teachers are the ones who show us the right path, guide us to make the right decision and shape our lives for the better. We feel humbled and privileged to be associated with this gracious occasion holding the reigns of Student Council as Head Girl and Head Boy of this Citadel of Learning for Life.



Dr. Sarvepalli Radhakrishnan



Miss Isha Bhattacharjee  
(Head Girl)



Master Aditya Sikarvar  
(Head Boy)

## PRE SCHOOL

### Role models in role play



During this period of enormous crisis where children are confined to their homes; the teachers at school continue to innovate teaching - learning practices so that the learning curve of children does not flatten instead moves upwards. One such mode of teaching developed by the kindergarten teachers is creating audio visual aids.

The kindergarten teachers are whole heartedly involved in creating and sharing videos to teach concepts, themes, language, life skills and values through activities, role play, puppet show and story narration. As a result, children are willingly indulging in the academic activities and progressing undeterred. The positive feedback and appreciation from parents is a motivation for the teachers to walk on the path we had not known we were meant to walk!!

### Collaborative Efforts



It has been four months, parents of Kush and Pallav have been interacting with the teachers to understand the teaching learning methodology to be adopted for their wards at home. The concepts and activities to be covered during the fortnight are elaborately demonstrated using a variety of concrete objects. Ample examples are given from their immediate surrounding for a better understanding. Parents whole heartedly participate in these activities for a hands-on-experience so that they are able to guide and help their children in the best possible way. Parents also take the supportive resource material provided by the school.

The output in the form of skill sheets and children's videos shared with teachers by parents is an evidence of the diligent hard work of teachers and collaborative effort of parents in this unique endeavour.



## PRIMARY, SECONDARY AND SENIOR SECONDARY

### Result of Science Olympiad Foundation - NSO 2019

The annual National Science Olympiad or NSO examination was conducted on 21st November 2019. A total of 284 students appeared from classes III to XII of whom 19 students received gold medals, 17 students received silver medals and 17 students received bronze medals at the school level. Besides this the following 7 students received Medals of Distinction:



Ms Aaliyah Dhawan  
III



Ms Sharvi Patel  
III



Master Yash Patel  
VI



Master Vihaan Vyas  
VIII



Master Rushil Patel  
VIII



Master Meghal Varma  
XII



Master Preet Shah  
XII

### NCC Girls – Fit India Youth Club for NCC Cadets – 2020



On 15th August 2020, under the Fit India Movement 'Fit India Youth Clubs' were launched by Mr. Kiran Rijju, Ministry of Youth Affairs and Sports for NCC cadets. Webinars were also conducted on different activities like Yog, Skipping, Cycling, Aerobics, Zumba etc. The Cadets of Anandalaya participated in this programme.



Ms. Keni Joseph  
X



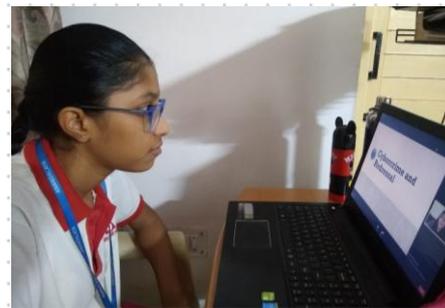
Ms. Reni Joseph  
X



Ms. Meshwa Shah  
IX

Cadet Keni Joseph and Cadet Reni Joseph completed 100km cycling and Cadet Meshwa Shah performed Yoga. These were shared on the NCC Twitter account.

### NCC Girls- Webinar on Cyber Crime & Redressal by NCW



A Webinar on 'Cyber Crime, Online Safety and Redressal' by National Commission for Women (NCW) was conducted on

5th September 2020 by NCC Gujarat DTE. From our school, 28 girl cadets registered and attended the webinar.

### Competition on Best Quotable Quotes on India by Well-Known Scientists

Miss Khushi A. Shah of class IX participated in a competition on "Best Quotable Quotes on India by well-known Scientists" organized by C. C. Patel Community Science Centre, Sardar Patel University, Vallabh Vidyanagar, on 15<sup>th</sup> August 2020. She secured the first position and brought laurels to the school.



### Competition on Article/Story Describing Scientific Discovery

Miss Khushi A Shah of class IX participated in a competition on "Article / Story Describing Scientific Discovery" organized by C. C. Patel Community Science Centre, Sardar Patel University, Vallabh Vidyanagar, on 15th September 2020. She participated in the IX to XII classes category and secured the first position.

## Online PowerPoint Presentation Competition



An Online PowerPoint Presentation Competition for students of classes IX to XII, was organized by Sri Sri Ravishankar Vidya Mandir, Anand on 20<sup>th</sup> August 2020. Two students of Class IX Ms Parisa Mehta and Ms Sruja Brahmabhatt participated in the competition and earned laurels for the school by securing the first position.

## NCC Boys –Survey on Aatma Nirbhar Bharat Abhiyan 2020



The 13 Gujarat Battalion NCC Vallabh Vidya Nagar conducted a survey on Aatma Nibhar Bharat Abhiyaan (Self Reliant India Movement) on 12<sup>th</sup> August, 2020, Mr. Saurabh Kethulikar led the whole battalion by creating a questionnaire using Google Form in which 594 cadets participated.

## NCC-Permanent Instructor Orientation Course 2020

The 13 Gujarat Batallion conducted a Permanent Instructor Orientation Course (PIOC) for newly posted staff of Vallabh Vidyanagar NCC Group. Mr. Saurabh M Kethulikar had the honour of delivering three lectures in the above-mentioned course.

## Online webinars and workshops-

### Webinar on Enhancing Practical Skills and Projects in Science



A webinar on Enhancing Practical Skills and Projects in Science was organized by CBSE on 16<sup>th</sup> July 2020. Ms. Shweta Gill, resource person discussed the aims and objectives of using projects and practical skills in teaching science. Ms. Greena George and Mr. K. Krishnakumar attended the webinar and shared their learning with the entire staff.

### Webinar on Enhancing Practical Skills in Social Science



A webinar on Enhancing Practical Skills in Social Science was organized by CBSE on 16<sup>th</sup> July 2020. Mr. Vidya Niket as resource person highlighted the purpose for the project, its components, steps involved in project method, its planning, execution and evaluation. The webinar was attended by teachers of the Social Science. Later, the same was shared and demonstrated to the entire teaching staff.

## Launch of Manodarpan Initiative



In view of the COVID-19 pandemic, the Ministry of Human Resource and Development organized a webinar on the topic 'Physical Support and Well-being during the Covid19 Outbreak and Beyond'. With the aim of providing psycho-social support and counselling to students for their mental health and well-being, the Union HRD Minister launched the Manodarpan initiative providing a toll-free national helpline number - 8448440632, a website of Manodarpan ([manodarpan.mhrd.gov.in](http://manodarpan.mhrd.gov.in)) and a handbook on 21st century life skills to overcome the stress during the lockdown period.

## Presentation on 'The Art of Setting Multiple Choice Questions'



A presentation on 'The Art of Setting Multiple Choice Questions' was made by Mr. K. Krishnakumar. The scientific aspect of constructing MCQs and the need to set quality MCQ questions.

## Webinar on Integration of Art in Accountancy

The Central Board of Secondary Education (CBSE) under its Shiksha initiative organized a webinar 'Integration of Art in Accountancy' on 28<sup>th</sup> July 2020. The webinar conducted by Mr. Sanjeev Jain as resource person discussed the importance of Art Integration in Accountancy. Mr. Tejashkumar H. Desai and Ms. Anjana Naik attended the webinar.

## Workshop on Code Optimization Strategies and Brainstorming techniques for logic development in Python

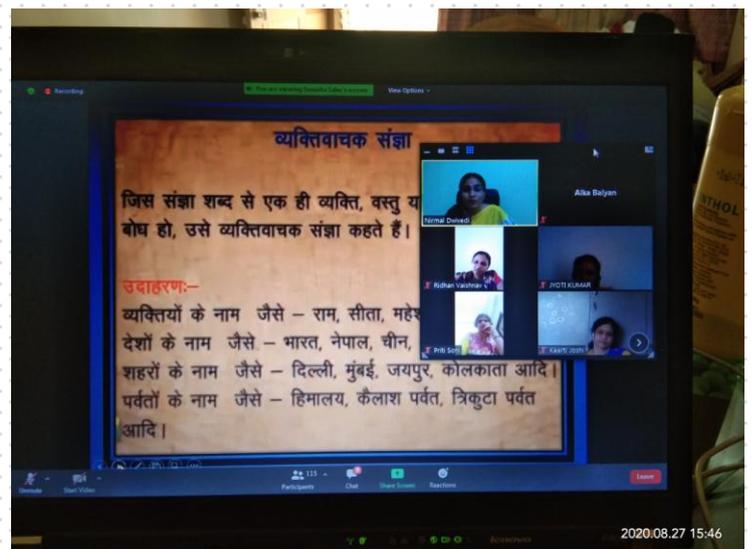
Mr. Alpeshkumar N. Shah attended both the workshops conducted by Mr. Amit Verma, by the CBSE resource person on 30<sup>th</sup> & 31<sup>st</sup> July 2020 respectively.

## Workshop- Developing decision making skills in adolescents

Mr. Shunmugasundaram G. attended an hour-long online workshop on 'Developing Decision Making Skills in Adolescents' which was organized by CBSE on 13<sup>th</sup> August 2020. The resource person was Mr. Anurag Gupta, Principal, Vidya Niket.

## Workshops by Gyan Sarovar Sahodaya 2020

Gyan Sarovar Sahodaya is a voluntary organization of a group of CBSE schools which came together to encourage schools to share good practices and empower teachers. This year workshops for various subjects were held in the month of August and September 2020. The interesting feature of these online workshops or webinars was the interaction and discussion on current topics in the field of teaching namely, new strategies to engage learners, sharing of innovative tools and platforms, wide-ranging discussion on methodologies and rationalized curriculum as well as the newly-introduced art-integrated learning (AIL) programme.



This year two of our teachers, Mr. Shunmugasundaram G. and Mr. K. Krishnakumar shared their knowledge and resource with Physics and Chemistry teachers of Sahodaya schools as resource person.

## Independence Day 2020 E-celebration



The 74th Independence Day of India was celebrated with pride and patriotism here at Anandalaya. The festivities commenced on a musical note. Mr. Pawan Kumar Sharma, Principal Anandalaya hoisted the National flag and all the staff members saluted the flag and sang the National Anthem. This was followed by the 'Jhanda Geet' and plantation of saplings.



In this difficult time the school took a unique initiative and conducted four online competitions and activities. The details for the same are as follows:

### 1) ONLINE QUIZ COMPETITION -

An online Quiz Competition on 'Indian Independence Struggle & Achievements' was conducted in two categories – Students of classes IX to XII and Parents of students studying in classes I to XII. A total of 191 students and 184 parents participated in the hour-long quiz conducted through Google Forms. The quiz was prepared by the Social Science Faculty members and it was conducted with support from by Mr. Alpeshkumar N Shah and Mr. A. Prashant.

The result for the quiz is as follows:

### PARENT WINNERS -

Winner	First runner up	Second runner-up
 Mr. Amol Jadhav	 Mr. Niranjn Karade	 Ms. Swati Patil

Interestingly, there was a tie amongst the winners. A tie-breaker round was held to ascertain the winners.

### STUDENT WINNERS -

First Position	First Runners Up	Second Runner Up
 Ms Khushi A. Shah Score : 49/50	  Master Aum Pandya Master Mudit Garg Score : 47/50	 Master Daksh Dadhania Score : 45/50

Specially designed E-certificates were sent via email to all the winners and participants.

### 2) FANCY DRESS and CREATE STICKER/BADGE/LOGO ACTIVITY



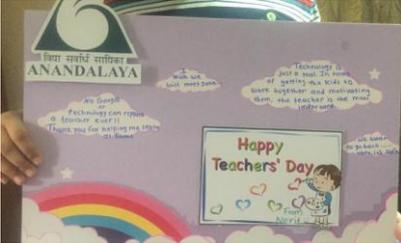
An online fancy dress activity was organized for classes I to IV. The participants dressed up as national personality / freedom fighter of their choice. The students of classes V to VIII participated enthusiastically by creating 'Stickers / Badge / Logo'. A total of 108 students from classes I to IV and 71 students from classes VI to VIII participated in the event. Specially designed E-certificates were sent through email to all the participants.

## વિશ્વ ગુજરાતી ભાષા દિન



વિશ્વ ગુજરાતી ભાષા દિનની ઉજવાણી આ વર્ષે ઓનલાઈન માધ્યમથી ૨૪ મી ઓગષ્ટ ૨૦૨૦ના શુભ દિને કરવામાં આવી. 'જીવન અંજલિ થાજો...' પ્રાર્થનાથી શરુ થયેલા આ કાર્યક્રમમાં વિદ્યાર્થી ભાઈ-બહેનો દ્વારા ગુજરાતી સાહિત્યકારો તથા તેમની વિવિધ રચનાઓનો પરિચય, ગીત, નૃત્ય અને સ્વરચિત કાવ્યોની રજુઆત કરવામાં આવી. ધોરણ ૭ ના વિદ્યાર્થી રિતમ કુબાવત અને આહન પ્રજાપતિએ સ્વરચિત કાવ્ય પ્રસ્તુત કર્યા હતા. અતિથિ વિશેષ તરીકે માનનીયશ્રી ચૈતન્ય સાંઘાણી, તત્વચિતક, લેખક અને નાયબ મામલતદાર, આણંદ ઉપસ્થિત રહ્યાં હતા. પ્રાસંગિક ઉદબોધનમાં તેમણે ગુજરાતી ભાષા અને તેના ગૌરવ જવા મુદ્દાઓ બાળસહજ ભાષામાં રસપ્રદ રીતે વર્ણવ્યા હતા. શાળાના આચાર્યશ્રી પવન કુમાર શર્માએ પણ આ પ્રસંગે પોતાના વિચારો પ્રસ્તુત કર્યા હતા. ઓનલાઈન કાર્યક્રમનો આ સૌપ્રથમ પ્રયોગ વાલીઓ તથા બાળકો ને ખૂબ પસંદ પડ્યો હતો.

## Teachers' Day Celebration - Virtual Programme



Dr. Sarvepalli Rajakrishnan's birth anniversary was celebrated as Teachers' Day on 5th September 2020 through a virtual programme, in keeping with the times.



Students and parents of all classes were invited for the programme which was streamed live via Google Meet. The programme started with lighting of the lamp by Principal Shri Pawan Kumar Sharma and staff members. Various programmes like speech, dances, video presentation and drama were presented by the students. Ms. Molly George, senior Teacher addressed the students on the occasion and a cultural programme was organized by the teachers and staff.



## અંતર્વિદ્યાલયી પ્રતિયોગિતા



14 સિતમ્બર, 2020 કો હિંદી દિવસ કે ઉપલક્ષ્ય મેં હિંદી કે પ્રચાર, પ્રસાર ઓર ઉપયોગ કો પ્રોત્સાહન દેને એવં ઇસ દિન કે મહત્ત્વ કો બઢાને હેતુ સૃષ્ટિ ઇંગ્લિશ મીડિયમ સ્કૂલ, લામ્બવેલ-આણંદ, દ્વારા દૂરસ્થ માધ્યમ સે અંતર્વિદ્યાલયી પ્રતિયોગિતા કા આયોજન દો વિભિન્ન વર્ગો મેં વિદ્યાર્થીઓ કે લિે કિયા ગયા| જિસમેં કક્ષા પાંચવીં એવં છઠીં કે લિે 'કાવ્ય-ચિત્ર વર્ણન' ઓર સાતવીં એવં આઠવીં કે લિે 'હાં' મેં એક પ્રસિદ્ધ સાહિત્યકાર હૂં' નામક પ્રતિયોગિતા આયોજિત કી ગઈ| જિસ કે અંતર્ગત કક્ષા પાંચવીં સે ઓમ મનોજકુમાર સિન્હા એવં છઠીં સે ડી. આર. એસ. સાઈ પૂર્વિકા ને ભાગ લિયા ઓર ડી. આર. એસ. સાઈ પૂર્વિકા ને ઇસ પ્રતિયોગિતા મેં અપની કાલ્પનિક એવં કલાત્મક યોગ્યતા કે બલ પર પ્રથમ સ્થાન પ્રાપ્ત કિયા| દૂસરે વર્ગ મેં કક્ષા સાતવીં સે કેયા આર. ટંડન ઓર આઠવીં સે અદિતિ ગુપ્તા ને ભાગ લિયા| કેયા આર. ટંડન ને શ્રીમતી કૃષ્ણા સોબતી જી કી ભૂમિકા અદાકર અપને પ્રતિભાશાલી વ્યક્તિત્વ એવં ઓજસ્વી વાણી સે પ્રતિયોગિતા મેં દૂસરા સ્થાન પ્રાપ્ત કિયા|



## હિંદી દિવસ 14 સિતમ્બર 2020



14 સિતમ્બર 2020 કો માં ભારતી કે ઇસ ગરિમામયી દિવસ પર વિશેષ કાર્યક્રમ કા આયોજન દૂરસ્થ એવં જીવંત પ્રસારણ કે માધ્યમ સે કિયા ગયા| વિદ્યાલય કે કર્મઠ શિક્ષકો એવં તેજસ્વી વિદ્યાર્થીઓ કી વૃતિ સદા પ્રકાશમાન રહે, ઇસી ભાવના કે સાથ કાર્યક્રમ કા શુભારંભ દીપ પ્રજ્વલન દ્વારા કિયા ગયા| જીવન કે ભાવો કી શ્રૃંખલા, નવરસ કો કાર્યક્રમ કા કેંદ્ર બિંદુ બનાયા ગયા|

जीवन में उमड़ते भावों, श्रृंगार, भक्ति, करुणा, क्रोध, भयानक, वीभत्स, अद्भुत, वीरता, हास्य एवं शांत रसों में रचे - बसे इस जीवन की अनुपम छटा में विद्यार्थियों ने अपनी बहुमुखी प्रतिभा से कार्यक्रम में चार चाँद लगा दिए। इस शुभावसर पर प्रधानाचार्य जी श्री पवन कुमार शर्मा ने अपने प्रेरणादायी शब्दों से भाषा की महत्ता को स्पष्ट करते हुए इसे संचार का महत्त्वपूर्ण माध्यम बताया तथा उनके द्वारा विद्यार्थियों के उत्कृष्ट प्रदर्शन की भूरी-भूरी प्रशंसा के शब्द विद्यालय के प्रांगण की सीमाओं को लाँघकर सर्वत्र आच्छादित हुए।

### Gandhi Jayanti Celebration



The school took an innovative step to commemorate the 150<sup>th</sup> birth anniversary of Mahatma Gandhi by streaming a live telecast for all the students of classes KG to XII. The celebration was organized with the objective of educating the children about the 11 principles of Gandhiji's austere life and to encourage the students and the teaching fraternity to adopt his way of life and principles of empathy, humbleness, honesty and sincerity. The teachers took it upon themselves to present the said 11 principles or vows in a creative manner which was recorded and presented in a special programme on 2<sup>nd</sup> October 2020.



The programme ended with a meditation session.

### Awakened Citizen Programme

As a part of Awakened Citizen Programme (ACP) by Ramkrishna Mission, New Delhi, class VI students attended a session on 16<sup>th</sup> September 2020.

### Online PCTM Session 2019-20

An online Parent Class Teacher Meeting was organized for classes III to XII on 12<sup>th</sup> September 2020 with the objective of interacting with parents and students in connection with the result of Pre-Mid Term Examination. In the meeting, teachers gave individual feedback to each student, received feedback from parents and students about online classes and asked parents and students about problems they faced with online classes. Students of each class were divided into four slots keeping maximum 10 students in each slot.

### CBSE Experiential Learning Course

Teachers were provided opportunities to learn skills and competencies for the 21st century that support livelihood and well-being for children. The CBSE in association with Tata Trust has developed an interactive online course on 'Experiential Learning' for teachers and school leaders. Teachers of Anandalaya successfully completed the course with due diligence.



### CBSE Online Orientation on AAC

The faculty members of each department attended the CBSE online programme on Alternative Academic Calendar (AAC) on 17<sup>th</sup> July, 2020.



During this difficult time of pandemic, Team Anandalaya has been taking innovative steps to conduct all possible school activities smoothly which include online classes, cultural activities, PTM, activity based learning, revision classes and remedial classes.